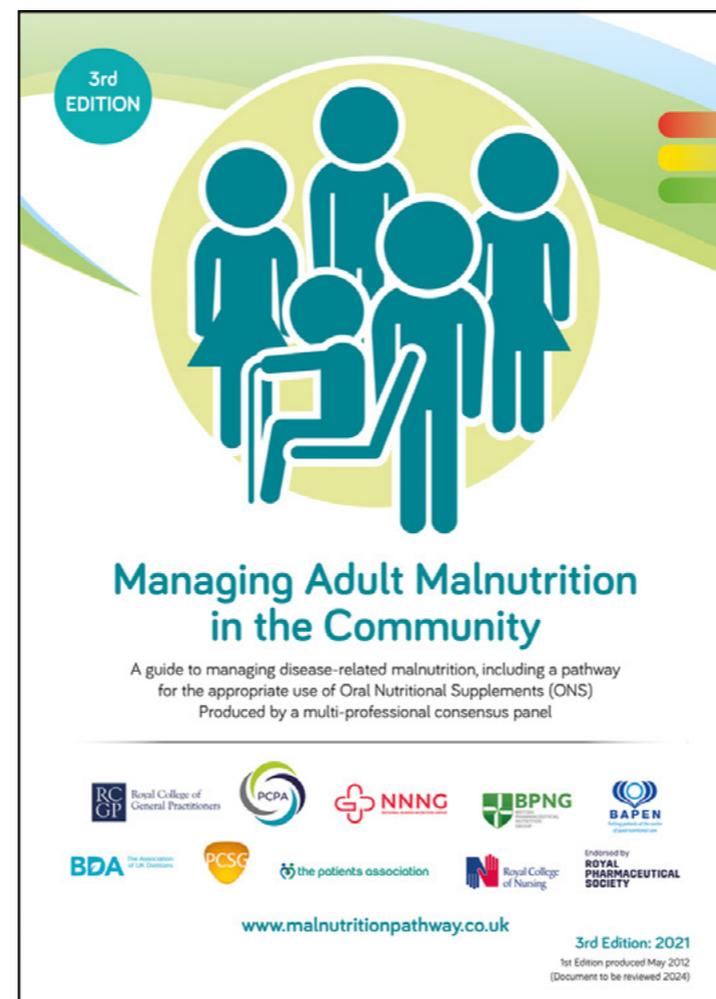


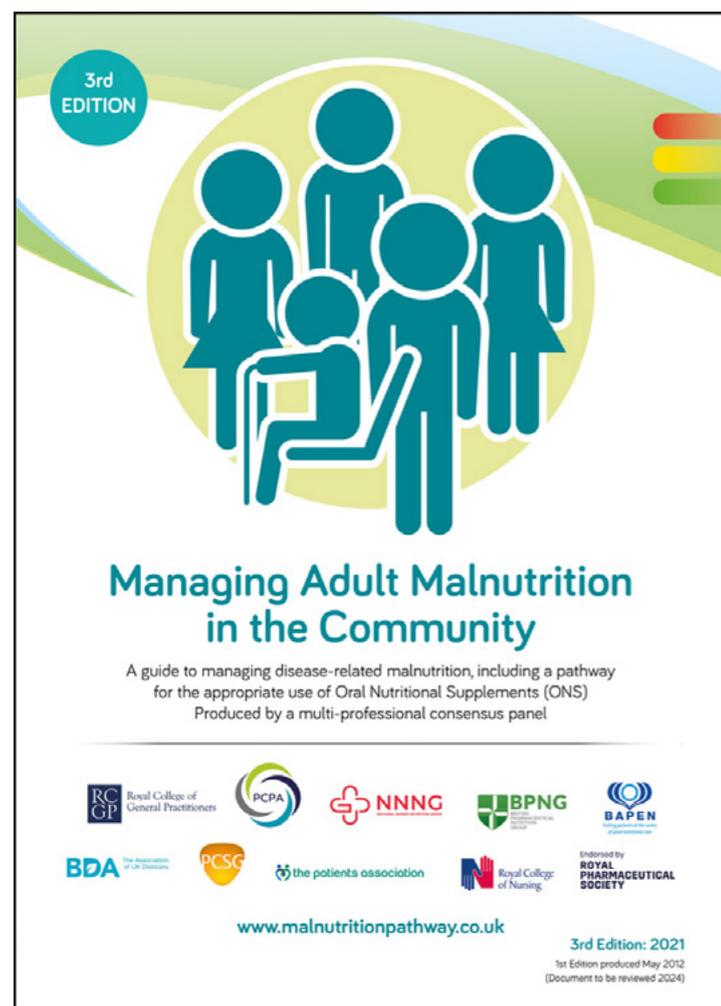


A Guide to Managing Adult Malnutrition in the Community





Managing adult malnutrition in the community



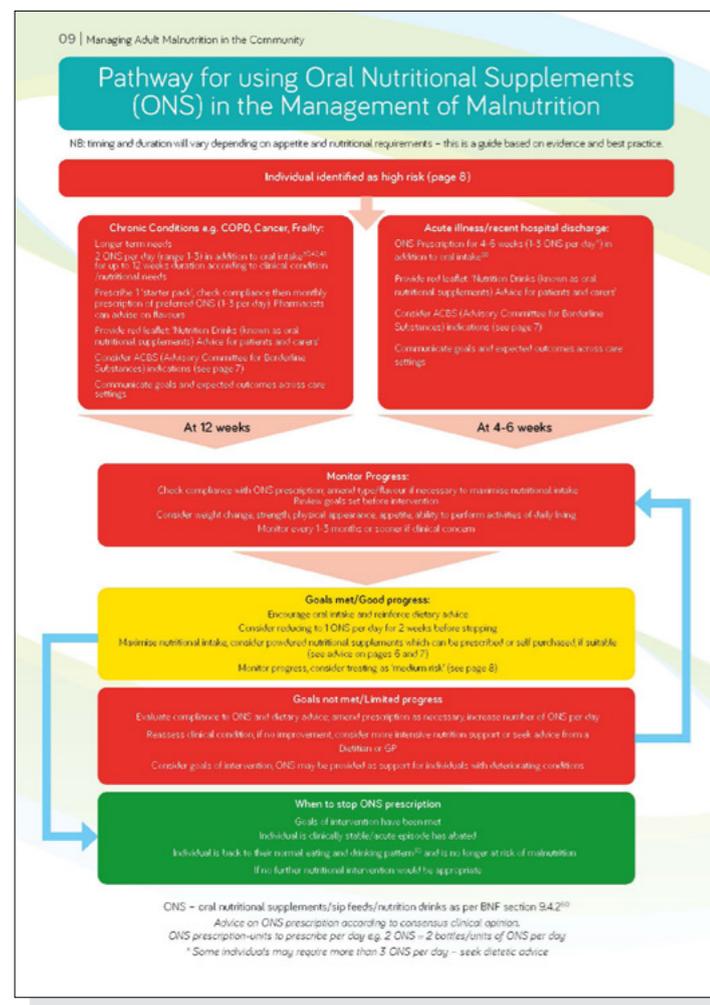
A practical guide supporting GPs and community healthcare professionals to identify and manage individuals at risk of disease-related malnutrition

- Includes a pathway for the appropriate use of oral nutritional supplements (ONS)
- Developed by a multi-professional panel with expertise and an interest in malnutrition
- Based on evidence, clinical experience and accepted best practice
- Third edition 2021 – second edition 2017 – first edition 2012

Visit malnutritionpathway.co.uk for further information and references



Managing adult malnutrition in the community



Contents

- Malnutrition overview
- Identification of malnutrition: nutrition screening
- Assessment: identification of the underlying cause of malnutrition
- Management of malnutrition
- Optimising Nutritional Intake:
 - Monitoring the intervention
 - Managing malnutrition according to risk category
- Pathway for using oral nutritional supplements in the management of malnutrition (high risk)



2021 panel members

Anne Holdoway (Panel Chair)

Consultant Dietitian, Specialist in Gastroenterology and Palliative Care, Education Officer, British Association of Parenteral and Enteral Nutrition (BAPEN)

Liz Anderson

Nutrition Nurse Specialist, Bucks Healthcare NHS Trust, Patient Experience Officer, British Association of Parenteral and Enteral Nutrition (BAPEN)

Dr Ann Ashworth

Consultant Dietitian, Member of the Malnutrition Action Group of the British Association of Parenteral and Enteral Nutrition (BAPEN)

Louise Nash

Dietitian, Frailty and Home Enteral Feeding Dietitian, Airedale NHS Foundation Trust

Dr Anita Nathan

General Practitioner, Malnutrition lead for GPs Interested in Nutrition and Lifestyle Group (GPING) (an RCGP Specialist Group)

Ruth Newton

Nutrition Pharmacist, Countess of Chester Hospital, British Pharmaceutical Nutrition Group (BPNG)

Sam Cudby

Practice Pharmacist, Addlestone, Representative of the Primary Care Pharmacists Association (PCPA)

Carolyn Doyle

Professional Lead for Community & End of Life Care, Royal College of Nursing (RCN)

The document was also reviewed by

Dr Graham Stretch, Primary Care Pharmacists Association (PCPA) President, PCN Clinical Director, London



Professional and patient groups supporting 'Managing Adult Malnutrition in the Community'





NICE endorsement statement

NICE CG32

A link to the document website (malnutritionpathway.co.uk) can be found under the tools and resources section of NICE CG32

NICE Endorsement Statement - Managing Malnutrition in the Community

This booklet supports the implementation of recommendations in the NICE guideline on nutrition support for adults (www.nice.org.uk/guidance/cg32) It also supports statements 1, 2 and 5 in the NICE quality standard for nutrition support in adults (www.nice.org.uk/guidance/qs24).

National Institute for Health and Care Excellence
Endorsed December 2017. Updated June 2021



Adopted and integrated into a range of National Guidelines

The Managing Adult Malnutrition in the Community guidelines can be found in eGuidelines, guidelines for pharmacy and guidelines for nurses websites

A screenshot of the 'Guidelines for pharmacy' website. The header is green and white, with 'Guidelines' in blue. The main title is 'Guidelines for pharmacy' in white on a green background. The article title 'Managing adult malnutrition in the community' is in large black font. Below it, the author information reads 'By The Malnutrition Pathway, BAPEN, NNNG, and PCPA | 4 May 2022'. There are social media icons for Facebook, Twitter, LinkedIn, WhatsApp, and Email. A short paragraph of text is visible at the bottom of the article preview.

A screenshot of the 'Guidelines' website. The header is teal and white, with 'Guidelines' in white on a teal background. The main title is 'Guidelines' in white on a teal background. The article title 'Managing adult malnutrition in the community' is in large black font. Below it, the author information reads 'By The Malnutrition Pathway, BAPEN, NNNG, and PCPA | 4 May 2022'. There are social media icons for Facebook, Twitter, LinkedIn, WhatsApp, and Email. A short paragraph of text is visible at the bottom of the article preview.

A screenshot of the 'Guidelines for nurses' website. The header is maroon and white, with 'Guidelines' in white on a maroon background. The main title is 'Guidelines for nurses' in white on a maroon background. The article title 'Managing adult malnutrition in the community' is in large black font. Below it, the author information reads 'By The Malnutrition Pathway, BAPEN, NNNG, and PCPA | 4 May 2022'. There are social media icons for Facebook, Twitter, LinkedIn, WhatsApp, and Email. A short paragraph of text is visible at the bottom of the article preview.

<https://www.guidelines.co.uk/nutrition/bapen-adult-malnutrition-guideline/454297.article>